Dinuba Senior Citizen's Center

437 N. Eaton Ave, Dinuba 591-2450



Newsletter - October 2024

Hello October,

In the month of September there were many fun and interactive activities offered. We hosted Manicure Mondays, DIY Craft, and a Paint Party. A special thank you to Vineyards for your continues support in sponsoring our birthday club and provided cake and raffle prizes.

There is still time, but don't wait! The center is taking sign-ups for our Senior Day at the Fair Trip on October 7th, 2024. \$10 per person. Space is limited, reserve you seat today!

Trick or Treat! We will be hosting a Halloween Party on Thursday, October 31st. Preorder a holiday lunch for \$2.00 if you do not already have a prepaid lunch. The Dinuba Senior Center Inc. will have raffle tickets for sale. Tickets are \$1 each or 6 for \$5. Must be present to win. There will also be a costume contest, for scariest, cutest, and most creative costume!

Let the holiday shopping begin! The Center will be hosting its Annual Holiday Boutique on Saturday, November 2nd from 10A-2P. The DSC Inc. will also be selling food and refreshment for the duration of the event. This event will be opened to the public, feel free to share this information with friends and family. Hope to see you there!

Important! Friendly reminder and recommendation, if you are felling sick or under the weather please stay home. As the center strives to provide a safe and healthy environment for all Senior Participants.

There is lots to look forward to in October, come by the center and check out the activity calendar.

Inside This Issue:	
Center Activity	Pg. 1-6
Senior of the Month	Pg. 7
Lunch Calendar	Pg. 8
Activity Calendar	Pg. 9
Fun Facts & Funnies	Pg. 10
Puzzle Page	Pg. 11
News & Announcements	Pg. 12-16

Contact Info.						
(559) 591-2450						

Maricela Montoya

MMontoya@dinuba.ca.gov

Birthday Club Sponsored by Vineyards at Fowler















Manicure Monday













DIY Craft



























Senior Center Activities















SENIOR OF THE MONTH



Betty Tonini

Betty is October Senior of the Month. Betty is such a joy to have at the Senior Center. When Betty isn't creating ceramic masterpieces, she is always one to help her senior peers. Seniors describe Betty as enthusiastic, helpful, and funny. Thank you Betty for being a part of the Senior Center.

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LUNCH CALENDAR 591-2450	FICIDAY CDBG GRANT IN HALL DINING	4 Meatball Sandwich Garden Salad, Chips, Ice Cream Cup, Fresh Fruit, Milk & Juice	11 South Western Chicken Wrap Quinoa Sala on a bed of Lettuce, Cookie, Ice Cream Cup, Fresh Fruit, Milk & Juice	18 Orange Chicken Bowl Broccoli and Rice, Fresh Fruit, Milk & Juice	25 Deli Sandwich Macaroni Salad, Chips, Fresh Fruit, Milk & Juice	
CENTER SHORTAGES	IHUKSUAY	³ Sliced Ham Mashed Potatoes, Green Beans, Dinner Roll, Slice of Pie, Fresh Fruit, Milk & Juice	10 Lasagna Garlic Bread, Roasted Zucchini, Fresh Fruit, Milk & Juice	17 Soft Tacos Rice & Beans, Chips & Salsa, Fresh Fruit, Milk & Juice	24 Beef Stroganoff Steamed Broccoli, Dinner Roll, Fresh Fruit, Milk & Juice	31 BBQ Chicken Loaded Potatos, Roasted Corn, Dinner Roll, Fresh Fruit, Milk & Juice
MANUISSUBJECTIO CHANCERDURHOMMUNDERCONCERS	WEUNESUAY CDBG GRANT IN HALL DINING	² Battered Fish & Chips Coleslaw, Biscuit, Fresh Fruit, Milk & Juice	9 Chicken Fajitas Cilantro Rice, Black Beans, Corn, Fresh Fruit, Milk & Juice	16 Raviolis Garlic Bread, Garden Salad, Fresh Fruit, Milk & Juice	23 Cheeseburger Potato Wedges, Carrot Stick, Ice Cream Cup, Fresh Fruit, Milk & Juice	30 Enchiladas Spanish Rice & Beans, Corn, Churro, Fresh Fruit, Milk & Juice
OULLISETERINSISIUNEIW	IUESUAY	1 Chicken Pot Pie Chef Salad, Cookie, Fresh Fruit, Milk & Juice	8 Stuffed Bell Pepper Dinner Roll, Garden Salad, Fresh Fruit, Milk & Juice	15 Teriyaki Meatballs White rice, steamed Broccoli, Slice Wheat Bread, Fresh Fruit, Milk & Juice	22 Baked Chicken Macaroni Salad, Corn Bread Muffin, Fresh Green Beans, Fresh Fruit, Milk & Juice	29 Meat Loaf Mashed Potatoes, Green Beans, Dinner Roll, Fresh Fruit, Milk & Juice
Ctelper	MONUAY CDBG GRANT IN HALL DINING	NOVEMBER PRE-PAID LUNCHES \$12.00	⁷ Chicken Salad Sandwich Pickle Spear, Chips, Fresh Fruit, Milk & Juice	14 15 Tuna Salad Sandwich Teriyaki Meatballs Chips, Cottage Cheese, Sliced White rice, steamed Broccoli, Slice Wheat Bread, Fresh Fruit, Milk & Juice	21 Lemon & Caper Tilapia Rice Pilaf, Mixed Vegetables, Dinner Roll, Fresh Fruit, Milk & Juice	28 Polish Dog W/Peppers & Onions Chips, Ice Cream Cup, Fresh Fruit, Milk & Juice Fruit, Milk & Juice
	1	Por la	/	A	70	

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ACTIVITY/CALENDAR 591-2450 FRIDAY	4 LOTERIA 9A-1030A LUNCH *DINE IN ONLY* 11A-12P	11 LOTERIA 9A-1030A LUNCH *DINE IN ONLY* 11A-12P	18 LOTERIA 9A-1030A LUNCH *DINE IN ONLY* 11A-12P	25 LOTERIA 9A-1030A LUNCH *DINE IN ONLY* 11A-12P	
THIRSDAY	3 CERAMICS 8A-3P BINGO 9A-1030A LUNCH 11A-1230P	10 CERAMICS 8A-3P BINGO 9A-1030A LUNCH 11A-1230P VINEYARDS AT FOWLER SPONSORED BIRTHDAY CLUB & LOTERIA 1P-230P	T7 CERAMICS 8A-3P BINGO 9A-1030A LUNCH 11A-1230P DSC INC PAINT PARTY 130P-330P *SIGN UP NEEDED*	24 CERAMICS 8A-3P BINGO 9A-1030A LUNCH 11A-1230P	31 CERAMICS 8A-3P NO BINGO HALLOWEEN PARTY 10:30A-12:30P
CONTRACTION THIRSDAY	² BINGO 9A-1030A TOPS 930A-1130A LUNCH *DINE IN ONLY* 11A-12P	9 BINGO 9A-1030A TOPS 930A-1130A LUNCH *DINE IN ONLY* 11A-12P	16 BINGO 9A-1030A TOPS 930A-1130A LUNCH *DINE IN ONLY* 11A-12P	23 BINGO 9A-1030A TOPS 930A-1130A LUNCH *DINE IN ONLY* 11A-12P	30 BINGO 9A-1030A TOPS 930A-1130A LUNCH *DINE IN ONLY* 11A-12P
TIFSDAY	1 CERAMICS 8A-3P BINGO 9A-1030A LUNCH 11A-1230P LOTERIA 130P-230P	<pre>8 CERAMICS 8A-3P BINGO 9A-1030A BLOOD PRESSURE W/AURORA 10A-1130A LUNCH 11A-1230P LOTERIA 130P-230P</pre>	15 CERAMICS 8A-3P BINGO 9A-1030A LUNCH 11A-1230P LOTERIA 130P-230P	22 CERAMICS 8A-3P BINGO 9A-1030A LUNCH 11A-1230P LOTERIA 130P-230P	29 CERAMICS 8A-3P BINGO 9A-1030A HEALTH SCREENINGS W/JOAQUIN 1030A-1130A LUNCH 11A-1230P LOTERIA 130P-230P
VACINO MO		7 BINGO 9A-1030A LUNCH *DINE IN ONLY* 11A-12P FRESNO FAIR TRIP 9A-3P	14 BINGO 9A-1030A LUNCH *DINE IN ONLY* 11A-12P MANICURE MONDAY 1P-330P	21 BINGO 9A-1030A LUNCH *DINE IN ONLY* 11A-12P CRAFT, COFFEE, & CONVERSATION 130P-330P	 ²⁸ BINGO 9A-1030A LUNCH *DINE IN ONLY* 11A-12P MANICURE MONDAY 1P-330P

FUN FACTS & FUNNIES





Test your skills by unscrambling the words below, then search for them in the puzzle!

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L	Ρ	В	S	R	V	в	N	U	W	V	R	R	Ρ	U	М	1	L	т	P	F	1	P
М	Т	0	Е	W	В	F	L	Ρ	1	L	0	0	V	Е	F	J	Α	L	C	0	S	н
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Puzzle #1

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DINUBA SENIOR CENTER 437 N EATON AVE.

Holiday

BOUTIQUE

NOVEMBER 2ND 10A-2P

LET THE HOLIDAY SHOPPING BEGIN!

• FOOD • DRINKS • RAFFLE • SHOPPING

INTERESTED VENDORS PLEASE CONTACT MARICELA MONTOYA 559-591-2450 MMONTOYA@DINUBA.CA.GOV

Manicure

Monday

10/14/24

1:00pm- 3:30pm Sign up Needed

10/28/24 1:00pm- 3:30pm

00pm- 3:30pm Sign up Needed

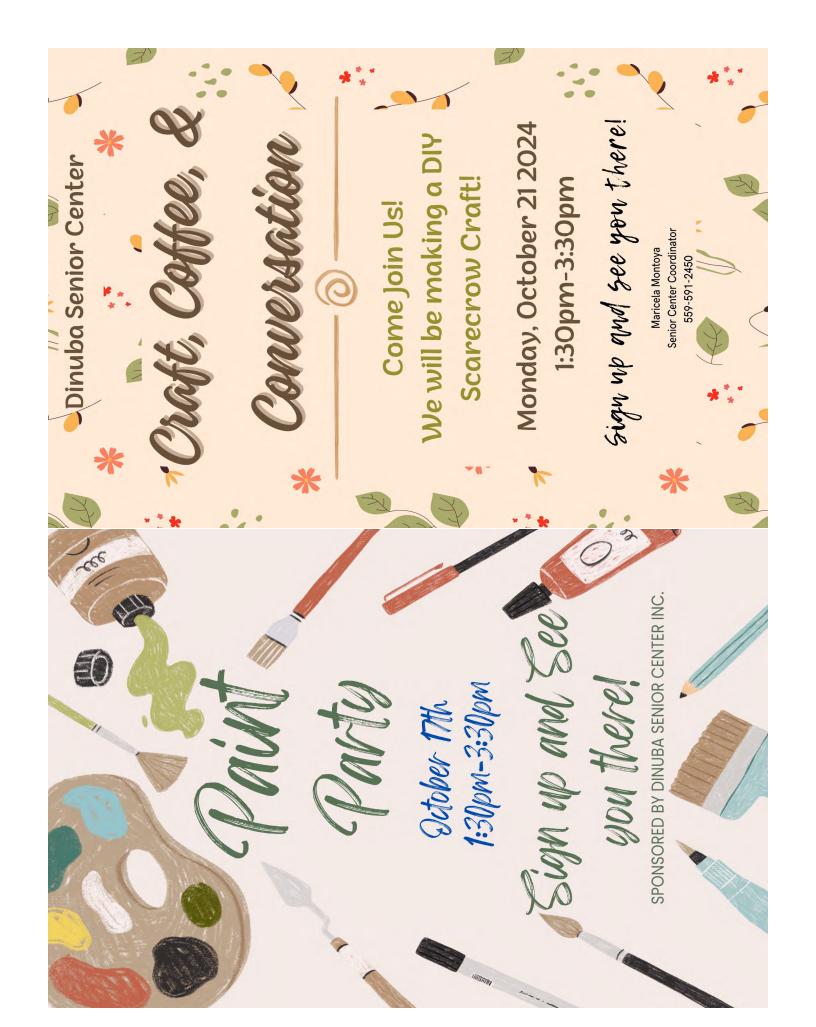
Give your Nails a fresh new coat!

We will be using Gel Nail Polish and Curing with a UV heat lamp

Maricela Montoya Senior Center Coordinator 559-591-2450

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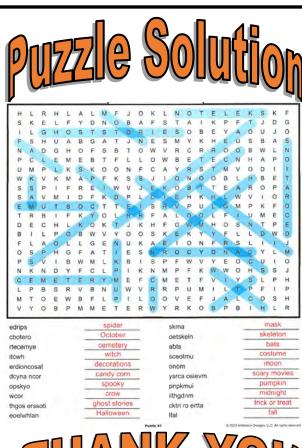
1:00pm-2:30pm FOLLOWED BY LOTERIA SPONSORED BY VINEYARDS AT FOWLER



Announcements



John Simpson	10/2
Sergio Reyes	10/6
Steve Brown	10/7
Win Campbell	10/10
Rachel Nerio	10/12
Selia Garcia	10/16
Peggy Dockum	10/18
Irene Pitchford	10/18
Salvador Garcia	10/20
Carol Meinert	10/27
Susan Abair	10/28
John Grijalva	10/28
Jeanette Hofer	10/28
Rosie Gutierrez	10/31





Donations:

Reedley SaveMart: Dessert Donation

DSC INC: Paint Party

Vineyards at Fowler: Birthday Club Sponsor

VOLUNTEERS:

MaryEllen Woodcock, Frank Navarro, Dora Reyes Pete Yrigollen, Carol Hiraharra and Christine Soto.

REMINDER:

PAID LUNCH needs to be picked up by 1PM same day.

If you are unable to pick up please call and let us know 559-591-2450